



LANCASTER *by the* BAY CHAMBER

IRVINGTON • KILMARNOCK • LIVELY • WHITE STONE

Lancaster by the Bay Chamber of Commerce

Newsletter
April 2018



Lancaster by the Bay CHAMBER ACTIVITIES

"After Hours" - Davenport & Co. - Kilmarnock, April 18

"After Hours" - Ross's Rings & Things - Kilmarnock, May 2

2018 Golf Classic - King Carter Golf Club - Irvington, May 10

Rhythm and Brews - Town Centre Park - Kilmarnock, June 30th

Taste by the Bay - Tides Inn - Irvington, November 17

Kilmarnock Lighted Christmas Parade - Steptoos District, December 14

*Sign up as a team, become a sponsor, or a
hole sponsor*

*First 5 teams to register & pay will receive 4
tickets to Rhythm & Brews*

Registration Deadline - May 3rd

Things to do in April!

**Mark your Calendar for
these
Chamber Member Events!
For more events &
information**

**Check out the calendar on
our website and be sure to
add your events!**

April 3

New Exhibit: Pots, Plants or Blooms -
RAL Art Center, Kilmarnock, 10am-4 pm

April 6

1st Friday Art Reception - RAL Art Center,
Kilmarnock, 5 - 7 pm
Tom Euler Trio- Willaby's, White Stone 8
- 11 pm

Lancaster by the Bay Chamber
2018 GOLF CLASSIC

This 4 person Captain's Choice tournament is a fun opportunity for members of the business community to network, connect with colleagues, and enjoy a beautiful spring day out of the office.

THURSDAY
May 10

KING CARTER GOLF CLUB

480 Old Saint Johns Rd
Irvington, VA

12:30
SHOTGUN START

Registration, practice range and lunch beginning at 11am
*Mulligans will be available for purchase



PARTICIPATION COSTS	BONUS PRIZE	OVERALL 1 ST PLACE PRIZE
Team: \$400 Hole Sponsor: \$200 Team & Hole Sponsor: \$500 Other sponsorship opportunities available.	First 5 teams registered & paid get 4 tickets to the Rhythm & Brews Festival Registration Form on back!	4 Memberships to King Carter Golf Club for the remainder of the year.

For more information, visit lancasterva.com or contact Anne Paparella at (804) 435-6092 or Susan Pittman at (804) 435-4146

PREMIER SPONSORS



[Registration form](#)

Please Join Us



LANCASTER *by the BAY*
CHAMBER
IRVINGTON • KILMARNOCK • LIVELY • WHITE STONE



DAVENPORT & COMPANY
SINCE 1863

AFTER HOURS

Please join us for a networking event and meet with community leaders and business owners.

Wednesday, April 18 • 5 - 7 p.m.
141 Technology Park Dr., Kilmarnock, VA 22482

Hosted by the Kilmarnock Office of Davenport & Company LLC

RSVP by April 11 to Edie Jett at (804) 435-7705 or ejett@investdavenport.com

Lancaster by the Bay Chamber and Davenport & Company LLC are not affiliated. Member: NYSE | FINRA | SIPC

April 7

Intro to Pastels - RAL Art Center, Kilmarnock, 9 am - 3 pm

April 10

Monthly Veteran's Breakfast - Commonwealth Senior Living, Farnham, 9 am

April 13

Mary & the Janes - Willaby's, White Stone, 8 - 11 pm

April 14

Volunteer Training for The Haven- Haven Offices, Warsaw, 10am - 4 pm
Tides Spring Festival - Tides Inn, Irvington, 11 am - 5 pm
RFA Series: Sons of Serendip - Lancaster Middle School, Kilmarnock, 7:30 - 10 pm

April 15

Historic Christ Church Sunday Series: The True Champions of Civil Rights: Virginia's African American Women - Christ Church, Weems, 2 pm

April 20

Adult Paint Night: Daffodil - RAL Art Center, Kilmarnock, 6:30-8:30 pm
Jacob Vanco Band- Willaby's, White Stone, 8 - 9-11 pm

April 26 - 29

Plein Air Unleashed Art Show - Allure Art Center, White Stone
JJ & Co. is Dead - Willaby's, White Stone, 8 - 11 pm

April 27

Glass on Glass Mosaics - RAL Art Center, Kilmarnock, 10 am - 4 pm
Uniquely Yours: A Reed & Seagrass Basket - RAL Art Center, Kilmarnock, 10 am - 3 pm
Mercy Creek - Willaby's, White Stone, 8 - 11 pm

[For more information visit lancasterva.com](#)

Newsletter Sponsors

Thank you to our Enhanced Members



Rappahannock Foundation for the Arts Performances



April 14, 2018

Lancaster Middle School Auditorium

The Important Role of Adult Day Care for Caregivers and Their Employers

Adult Day Care—A Whole New World for Caregivers and Their Loved Ones!



AFFORDABLE CARE

In addition to high quality,

Bay Aging manages two adult day care programs—one in Gloucester and the other in Tappahannock. The centers have as their mission: 1) to provide people with needed care, socialization and supervision in a community setting; and 2) to provide caregivers much needed respite from the demanding responsibilities of providing 24-hour care.

Registered Nurses and professionally trained aide staff provide adult day health services which serve a variety of adults ranging from those with cognitive disorders such as Alzheimer's disease to those with physical disabilities due to a chronic illness such as Parkinson's disease or an event such as a stroke to adults with traumatic brain injuries or



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[RW-C Website](#)



[Tri Star Supermarket](#)



Your center of excellence for patient-focused healthcare

[Bay Internists, Inc.](#)



professional care, you will find adult day care is an affordable care option for you and your loved one.

There are several payment options available for you -
private pay
Medicaid
veterans' benefits
sliding fee scale
other health plans

Center Locations

Gloucester County—Gloucester
5875 Fiddlers Green Road
804.695.9008

Essex County-Tappahannock
1415C Tappahannock Boulevard
804.445.8711



such as a stroke to adults with traumatic brain injuries or developmental disabilities. Between the two centers, there is an average of 45 people enrolled—at any one time—in the program. Adult day care is flexible to meet the needs of caregivers. Some people attend one day a week, others attend half-days, and yet others (especially those who have employed caregivers) attend five days a week.

Although the day care is very much about providing assistance with activities of daily living such as feeding, dressing, medication management and other needs, there is always time for the fun stuff! These folks have access to activities that exercise their minds and their bodies and boy, do they have fun doing it!

They use Gertie balls for ball toss where everyone can catch the ball since the material is such that their hands will stick to the ball each and every time. Latex free exercise bands allow for better involvement in daily exercise programs. Staff also incorporates a low-impact, chair exercise program designed by a Registered Nurse and Physical Therapist. Memory games are a big hit with everyone as they can become quite animated AND competitive! After all that excitement there is time set aside for rest from all the moving and "playing!"

Bay Aging is very proud to have such a life affirming service available for people in the Middle Peninsula and Northern Neck. *Is this the right program for you and your loved one? The only way to find out is by visiting the centers, and talking with the nurses and staff.*

Give yourself permission to take a break!



Two Rivers Communication



BON SECOURS
RAPPAHANNOCK GENERAL HOSPITAL

Bon Secours Rappahannock General Hospital

Don't miss your opportunity to be on the map!

DiscoveryMapVA.com or call Mike 804-938-2310
Deadline approaching!





New Chamber Members

A Tyme 4 Me Massage
NNK Shine
Right at Home in the Northern Neck

Chamber Members

Items will be needed for the Golf Tournament
goodie bag - please contact us if you have
something you would like us to include

Email Donna (lancasterbythebay@gmail.com)
Weekend Events, news, events, promotions, etc.
for social media and website posting

Contact Us

Anne Paparella
Lancaster by the Bay Chamber of Commerce
804-435-6092

[Join the Chamber!](#)